



Chairholder: Director - Professor George Chrousos
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Center for Adolescent Medicine and UNESCO Chair Adolescent Health Care

Following the World Health Organization (WHO) call in 2002 for the development of “Youth-friendly health services” worldwide, the First Department of Pediatrics of the Medical School, National and Kapodistrian University of Athens in Greece, in 2005, made a strategic decision to invest in the provision of innovative adolescent-friendly health services with the development of the Center for Adolescent Medicine. The Center for Adolescent Medicine is a tertiary referral center for pre-adolescents and adolescents aged 8-21 years from all over the country, that provides services in almost all the fields of Adolescent Medicine and Health Care i.e. adolescent physical and mental health and development, prevention and health promotion, sports medicine, chronic diseases/disabilities, eating disorders, endocrinology, sexual and reproductive health. The Center for Adolescent Medicine is the first and only statutory Center in Greece recognized officially (government gazette 1936/14-12-2010) by the Hellenic Ministry of Health and Welfare for training and specialization of medical, nursing and other health care personnel, as well as for the promotion of research, in the field of Adolescent Medicine and Health Care. Since 2010, the Center for Adolescent Medicine hosts the only UNESCO Chair on “Adolescent Health Care”.

The Center for Adolescent Medicine has a fully organized multidisciplinary team of health-care providers and other professionals (2 Adolescent Medicine Pediatricians, 1 Child and Adolescent Psychiatrist, 6 Psychologists, 1 Sociologist, 2 Dietitians, 2 Teachers, 1 Teacher for Learning Disabilities, 1 Pediatric and Adolescent Gynecologist, 1 Pediatric and Adolescent Endocrinologist, 1 Statistician, 2 Pediatricians in training) that have the required competencies to assess physical, mental and developmental problems of young people and provide support and counseling to the adolescents and their families.

The Center for Adolescent Medicine meets the WHO requirements for youth-friendly health services i.e. has convenient working hours for adolescents (mostly afternoon and evening clinics) and convenient location, ensures privacy (discrete entrance), lacks stigma, ensures consultations occur in a short waiting time, with or without an appointment and has an appealing and clean environment. The Center for Adolescent Medicine delivers integrated services guided by international protocols and guidelines.